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Dave MacLeod is the author of 9 Out of 10 Climbers Make the Same Mistakes (3.85 avg rating, 172 ratings, 25 reviews, published 2009),

Review: " make or break" by dave macleod -

Make or Break: Don't Let Climbing Injuries Dictate Your Success This is the best book on climbing injuries by a large margin. If you have ever been injured climbing