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Which is perhaps why Penguin Books is reissuing Pure, White and Deadly , John Yudkin s valiant, Sugar and the heart: old ideas revisited BMJ 2013;

### **Pure, white and no longer quite so deadly |**

Sweet And Dangerous was published by Professor John Yudkin, In 1988 he followed it up with Pure, White And Deadly on a similar theme. Yudkin, says a

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### **John yudkin (author of pure, white and deadly)**

John Yudkin is the author of Pure, White and Deadly (4.07 avg rating, 324 ratings, 48 reviews, published 1972), The Sensible Person's Guide to Weight Con

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**' pure, white and deadly' mystery solved: why**

Last time we reported on John Yudkin's 1972 book Pure, White, and Deadly, we struggled to understand why publishers haven't already reprinted it.

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